

External Condom Sequencing

Discussion

Discuss:

- Where condoms can be bought: supermarkets, petrol stations, vending machines in some toilets and pharmacies. They are usually free from sexual health clinics and some community health services.
- Your rights when a partner does not want, or refuses to use a condom.
- Safer sexual health practices for people who are having sex that does not involve a penis or penetration. This could include people having oral-vulval/vulval-vulval/oral-anal sex. Dental dams should be discussed, including how to make a DIY dental dam from an external condom.
- STI testing: its importance (even when using condoms) and recommended frequency, along with where someone can access this service.

Questioning

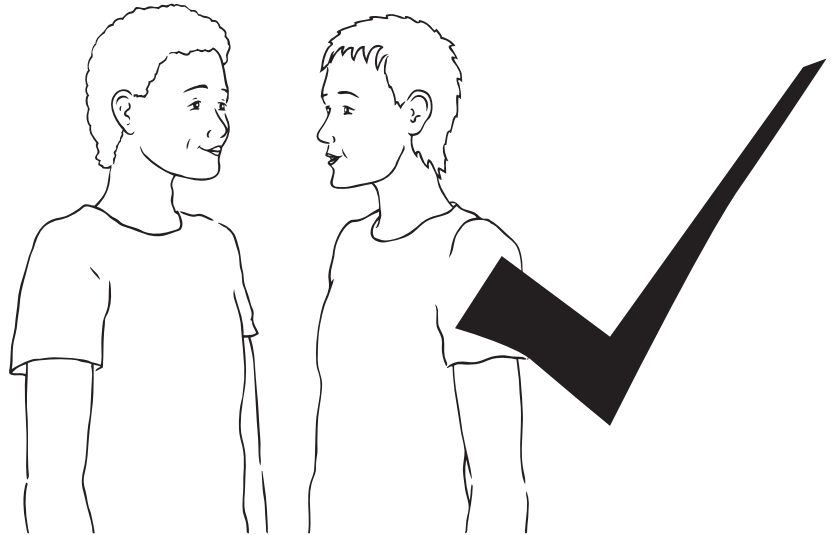
1. What might the barriers be for young people in accessing condoms?
2. How could a young person start a conversation on contraception prior to sexual activity beginning?
3. What people or sources of information can an individual access if they have any further questions?

Teacher Reference Sheet

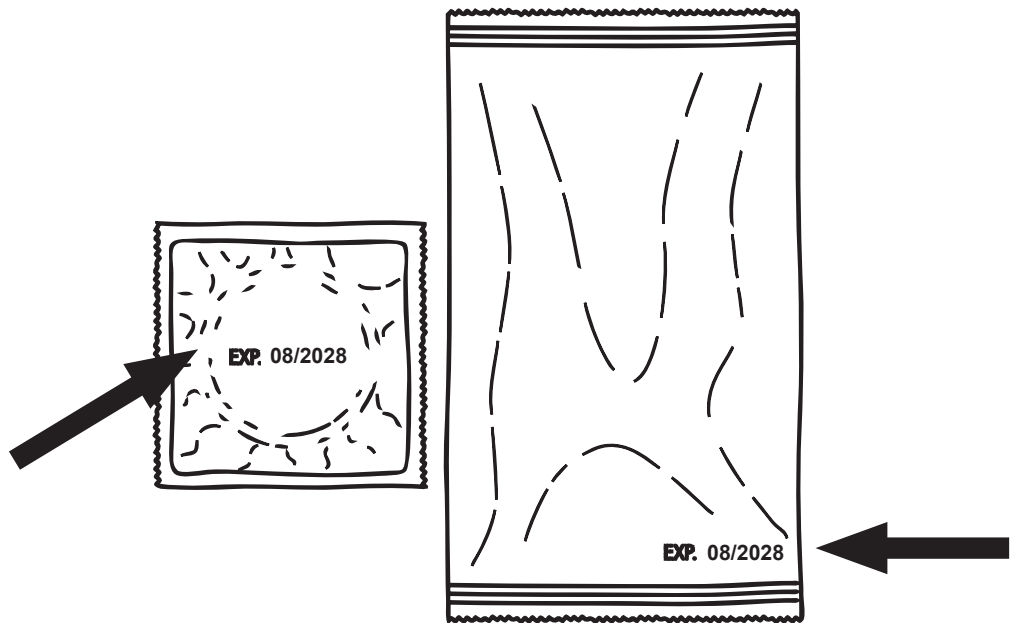
Sequence	Description
1	Check for and give enthusiastic consent
2	Check condom's expiry date
3	Get aroused or turned on with an erection
4	Carefully take condom out of packet
5	Pinch top of condom
6	Roll condom onto penis
7	Check the fit of condom
8	Add lubricant
9	Have penis in vagina / mouth / anus sex
10	Ejaculate
11	Hold rim of condom as penis is withdrawn
12	Take condom off penis
13	Check condom for breakages
14	Put condom in rubbish bin

External Condom Sequencing

**Check for
and give
enthusiastic
consent**

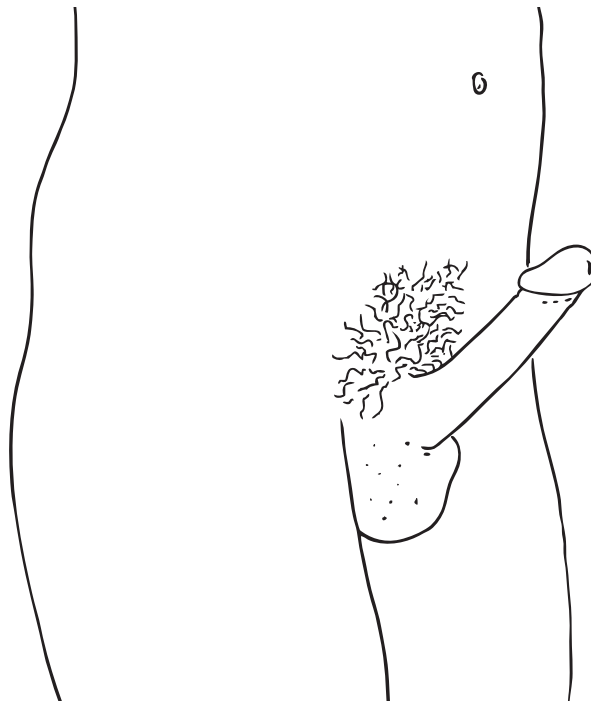


**Check
condom's
expiry
date**

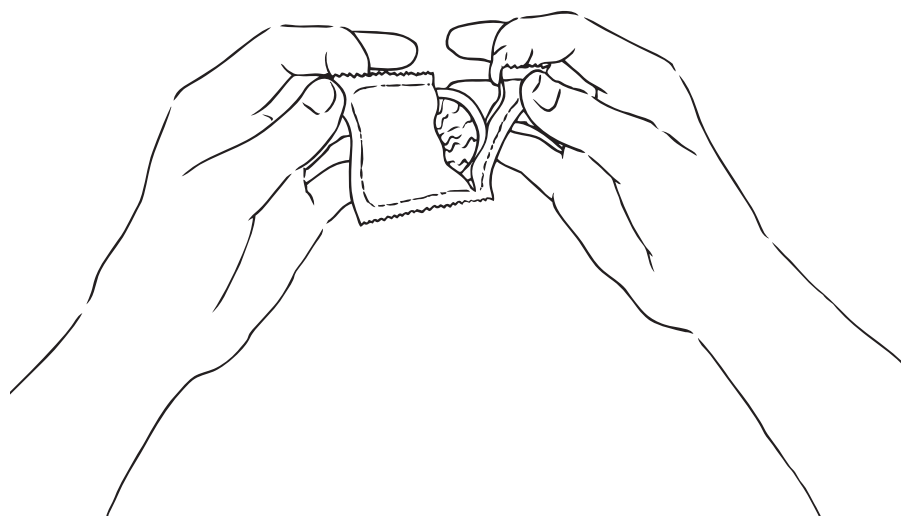


External Condom Sequencing

Get aroused or turned on with an erection

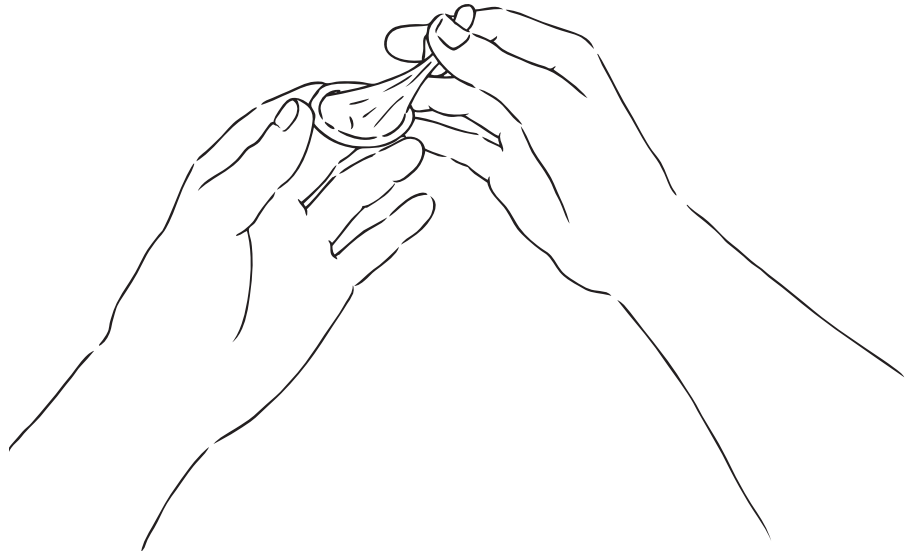


Carefully take condom out of packet

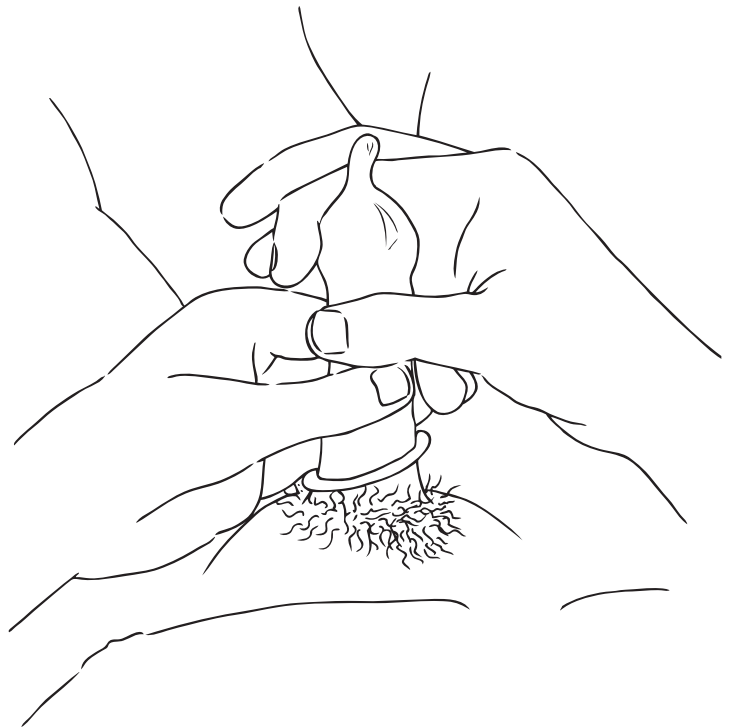


External Condom Sequencing

**Pinch top
of condom**

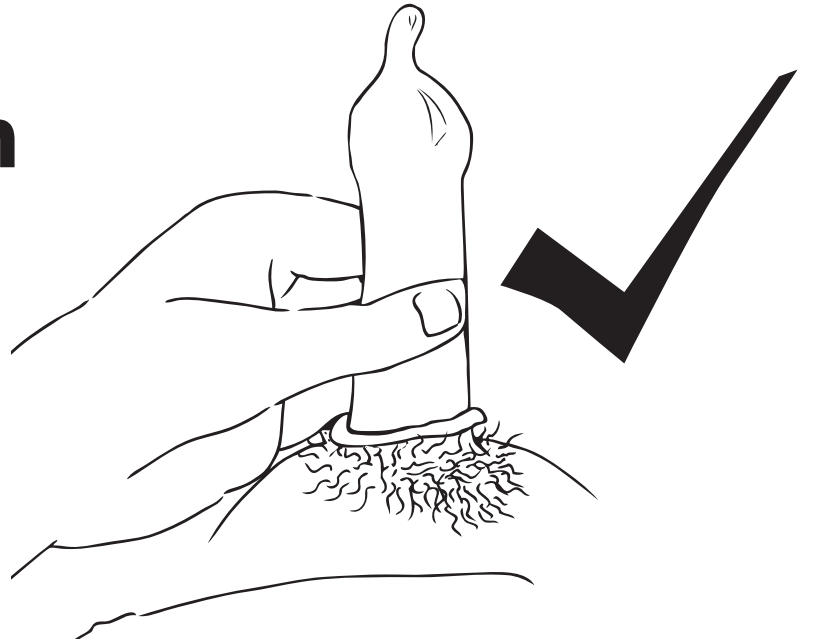


**Roll condom
onto penis**



External Condom Sequencing

Check the fit of condom

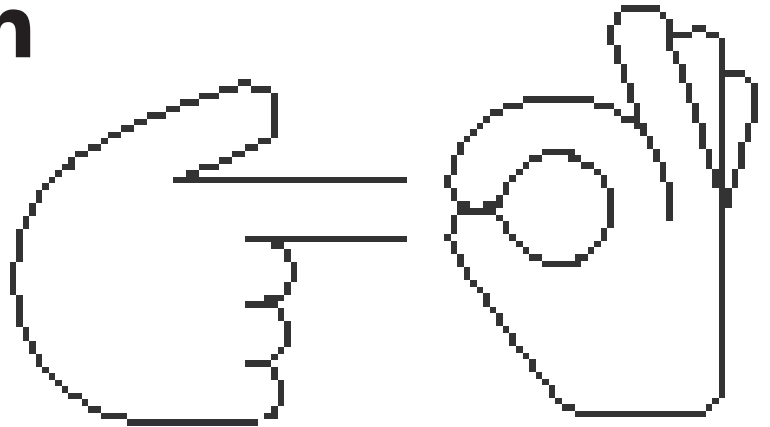


Add lubricant



External Condom Sequencing

**Have penis in
vagina / mouth
/ anus sex**

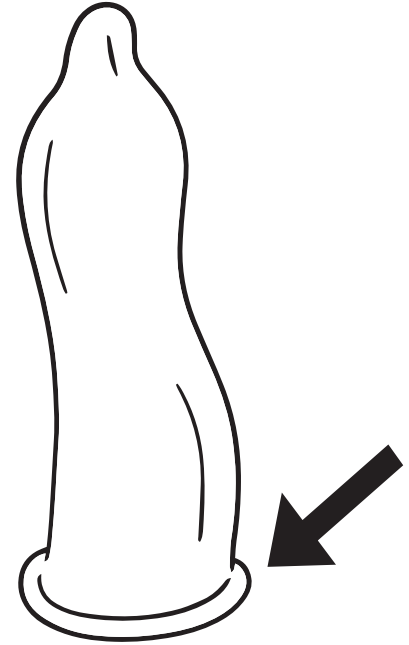


Ejaculate



External Condom Sequencing

Hold rim of condom as penis is withdrawn

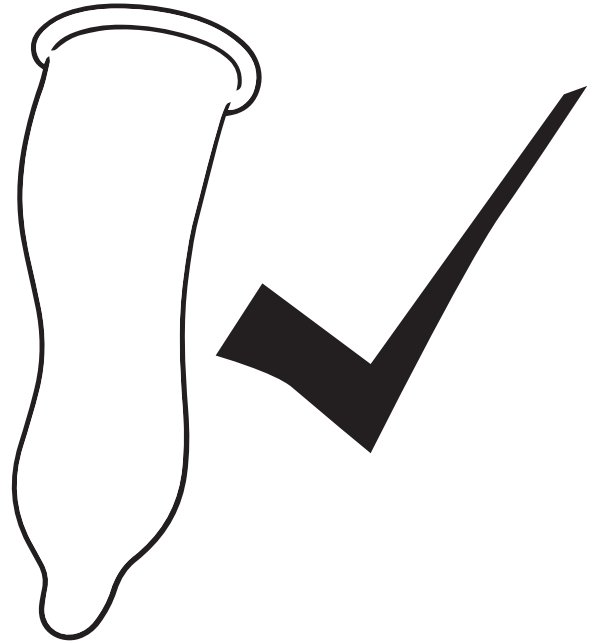


Take condom off penis



External Condom Sequencing

Check condom for breakages



Put condom in rubbish bin

