

Dear Teen Doctor -Secondary School

Dear Teen Doctor,

Something strange is happening to me. I'm a 13 year old boy and the other night, I woke up and there was a wet patch on my pyjamas. I took them off and found some sticky stuff on them. What is it? What's happening? Am I sick or something? Signed Freaked out

Dear Teen Doctor,

I have a big problem. I'm 14 years old and as far as I know, I'm the only girl in my class who hasn't had her period yet. Is there something wrong with me? Does this mean I'll never grow up? Help! Signed Still waiting

Dear Teen Doctor -Secondary School

Dear Teen Doctor,

In sex ed this year, we talked about gays and lesbians. Lately, I've been thinking a lot about my best friend and I've even had some really sexy thoughts about her. How can I tell if I'm a lesbian? Is there an age when you just know? How can I tell if my friend feels the same? Signed Wondering

Dear Teen Doctor,

I'm a 13 year old girl and my family has come from a country where girls aren't allowed to do much at all. I've made some good friends at my new school and they've started asking me to come to the movies with them and go over to their homes. I'm never allowed to go and my dad makes a big deal about it. He says, 'We don't know these people,' or, 'Does that family have any sons?' If they do, he won't let me go. It's ruining my life. What can I do or say to my dad before my friends give up on me? Signed Frustrated

Dear Teen Doctor -Secondary School

Dear Teen Doctor,

Since I've been going to high school, all my mates are into talking about girls and sex. All they want to do is hang out at the shops and check out girls. I'd much rather be at the skate park, but I can't tell them that. Plus, I'm not sure if the girls know they are being looked at. Would they feel uncomfortable? Does this mean I'm gay? What should I say to them? Signed Need help!

Dear Teen Doctor,

I need your help. Some of my friends have been mucking around on the computer and sending photos to each other. They're all about sex from porn websites. This kind of thing makes me feel really weird and I don't feel right looking at it. I'm scared to tell them to stop in case they think I'm really lame. How can I talk to my friends about this? Do all young people want to look at this stuff? Signed Please help

Dear Teen Doctor -Secondary School

Dear Teen Doctor,

My boyfriend and I watched movie at his place last Saturday night. It was an R-rated movie that showed lots of sex. Some of it was funny and sexy, but some parts made me feel upset. My boyfriend said I was just being stupid. We had a fight and now I don't know where I stand. Can you help? I'm miserable. Signed Josie

Dear Teen Doctor,

I need your help. I'm a 14 year old guy who's been cruising along until now. Lately, I've started having these full-on dreams about this guy from school. I've even started thinking about him during the day. I'm scared this means I'm gay. How can I tell if I am? What would my mates think? I've heard them make jokes about gay guys a lot. I don't feel like I can talk to anyone about this, so please help me! Signed Worried

Dear Teen Doctor -Secondary School

Dear Teen Doctor,

I'm a 14 year old girl. My friends and I are really into social media and lately, we've been talking to a group of guys online. One of them seems really nice and we've been chatting privately a lot. Yesterday, he started talking about how he dreams he's having sex with me. He talked about all the things we're doing together in his dreams. I felt really weird about what he was saying and the way he was saying it. Now he wants to meet up with me. What should I do? I don't want to tell my parents what he's been saying. Who can I go to for help? Signed Turned off

Dear Teen Doctor,

I'm a 14 year old guy. My problem is, I know something about someone else and don't know if I should tell them. My best mate's going out with this popular girl. She's really nice and we're good friends. The other day, he was showing all the guys some photos of her on his phone. The photos showed her topless and the guys were laughing about the size of her nipples. I want to tell her because I'm sure she doesn't know her boyfriend's doing this. Can I dob in a mate though? What should I say? Signed Not sure

Dear Teen Doctor -Secondary School

Dear Teen Doctor,

I just got my first mobile phone. I should be happy, right? Wrong. This boy from school that I like asked me to send him some sexy photos of myself. I want him to like me, but I don't feel right doing this. I know other people do this kind of thing all the time. Even one of my friends sent her boyfriend a picture of herself topless. I really want this boy to like me. What should I do? Signed Freaking out

Dear Teen Doctor,

I'm really worried about going through puberty. I know it's normal for people my age. But I've never felt right about being a boy and I'm so scared of my voice sounding like a man and getting hair on my face. I feel like it would be better if I grew into a woman's body. What do I do? Does anyone else feel like this? I don't think my parents would understand if I told them. Signed, Stop the clock.

Dear Teen Doctor -Secondary School

Dear Teen Doctor,

I'm in high school and I feel like I should be able to come and see a doctor on my own. Am I allowed? I have some questions about STIs. I'm not sexually active yet, but feel like I would rather ask questions to a doctor than my parents. Would my parents know if I made an appointment? Signed Organised.
