

Level 9-10

Intimacy scale - Upper Secondary

Most intimate

Least intimate

Public affection.

Saying 'I love you'.

Level 9-10

Intimacy scale - Upper Secondary

Dancing together.

Sharing secrets.

**Texting or messaging
each other.**

**Introducing your partner
to your parents.**

**Having a feel over
clothes.**

**Giving presents to
each other.**

Intimacy scale - Upper Secondary

Flirting.

**Fingering / mutual
masturbation.**

Level 9-10

Intimacy scale - Upper Secondary

Holding hands.

**Going out, just the
two of you.**

**Sleeping together
(no intercourse).**

Going to the movies.

Level 9-10

Intimacy scale - Upper Secondary

Listening to music.

Hugging.

Kissing on the lips.

Tongue kissing.

**Sending a nude photo
of yourself.**

Intercourse.

Intimacy scale - Upper Secondary

Oral sex.

Looking at porn together.

**Hanging out at each
other's houses.**

**Receiving a nude photo
of a sexual partner.**
