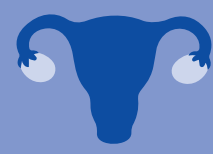
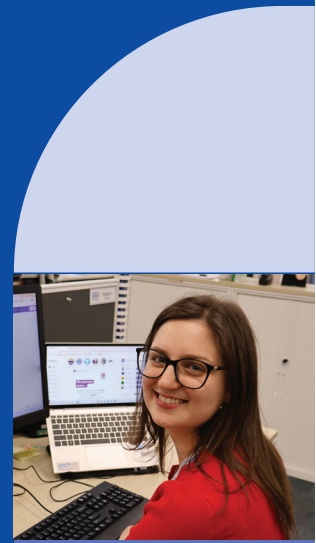


Care
Education
Advocacy

Our work and community impact



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Published by Sexual Health Victoria January 2026

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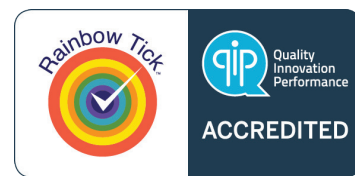
Authorised by Sexual Health Victoria
901 Whitehorse Road, Box Hill, Victoria 3128

ISSN 1839-549X

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T/ 03 9257 0100 or visit www.shvic.org.au

Sexual Health Victoria acknowledges the support of the Federal and State Government.

Our accreditations:



Sexual Health Victoria acknowledges the Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land on which our offices stand and in the regions in which we provide our services. We pay our respects to Elders past and present. Sexual Health Victoria is committed to providing respectful and inclusive services and work environments where all individuals feel accepted, safe, affirmed and celebrated. With our commitment to embracing diversity and eliminating all forms of discrimination in the provision of reproductive and sexual health services, we welcome all people irrespective of cultural or linguistic background, sexual orientation, gender identity, intersex status, religion or spiritual beliefs, socio economic status, age or abilities.



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About Sexual Health Victoria

Who we are

We are an independent, state-wide, for-purpose Centre for Sexual Health and Education.

We are a trusted government partner and are aligned with government strategies which support Victorians to make informed choices about their sexual and reproductive health, relationships and wellbeing.

For more than five decades, Sexual Health Victoria (SHV) has delivered services and advocated for our communities; with a vision that everyone can enjoy optimal sexual and reproductive health.

What we do

Centre for Sexual Health and Education

We provide expert training to healthcare professionals in clinical skills, educators in teaching Relationships and Sexuality Education (RSE) to young people and deliver classroom sessions directly to students, parents and carers.

Clinical services

We operate specialised healthcare clinics which deliver a wide range of services to support people across all life-stages and lifestyles.

Research

We lead and partner on research that informs best-practice and strengthens sexual and reproductive health care in our communities.

Advocacy

We drive policy change and promote equity by engaging governments, media and strategic partners.

Health promotion

We develop health promotion campaigns to inform and educate for long-term sexual and reproductive health outcomes.

Centre for Sexual Health and Education

Healthcare workforce capacity building

We upskill healthcare providers through a suite of online and F2F courses and modules designed to build competence in sexual and reproductive health skills. All courses are written by and delivered by medically qualified staff.

Clinicians can access theoretical and competency-based training on topics such as contraception (counselling and methods), long-acting reversible contraception (LARC) including contraceptive implants and intrauterine device (IUD) insertion and removal, cervical screening, unplanned pregnancy care, vulvovaginal health, sexual history taking, STI testing and management and sexual and reproductive health more broadly.

For clinical services requiring procedural skills, SHV supports practical upskilling through clinical placements and supervised training. For example, following theory training clinicians gain access to IUD inserter resources (e.g. procedure notes, consent forms, hormone / IUD comparison charts, aftercare materials, patient leaflets, and videos) to support best-practice.

We upskill more than

650

healthcare professionals every year



Professional learning for educators and community workers

We provide dedicated courses for school staff, crafted to provide educators with practical skills and resources to deliver high-quality Relationships and Sexuality Education (RSE).

Our professional development workshops and courses support educators and community workers across primary, secondary and cognitive disability inclusive school settings.

Learning opportunities include short online masterclasses on topics such as consent, menstruation and contraception. Through this training, we help professionals confidently deliver age-appropriate, evidence-based RSE aligned to the Victorian Curriculum.

We provide free access to more than 80 teaching resources, including lesson plans, student activities and multimedia tools.

We deliver training and professional development to over

1,100

educators and community workers each year



Relationship and sexual health education

The everyBODY Education program provides comprehensive, evidence-based sexual, relationships, and consent education for all ages, from foundation years through all stages of learning.

Classroom sessions cover key topics in sexual and reproductive health, relationships, and consent, including puberty, anatomy, bodily autonomy, contraception, STI prevention, menstruation, safe sexual practices, healthy relationships, consent, online safety, emotional wellbeing, confidence and decision-making.

Sessions align with the Victorian Government curriculum and child safety standards and are delivered as an endorsed eSafety provider, complemented by the Resilience, Rights and Respectful Relationships (RRRR) initiative, and are inclusive of all sexualities, genders, sexual orientations, and cultural backgrounds.

Each year we deliver classroom sessions to more than

21,000

Victorian students



Clinical Services

High-quality, best practice clinical care

We provide comprehensive, inclusive, and confidential sexual and reproductive health care at our clinics, including STI testing and treatment, PrEP and PEP, contraception (implants, IUDs, emergency contraception), cervical screening, abortion support, genital health, menopause care, gender affirming care and specialised care for young people and LGBTIQ+ clients in a welcoming, client-centred environment.

We provide more than

16,500

clinic appointments each year



Google reviews

Box Hill Clinic 4.6 Stars



Melbourne Clinic 4.2 Stars



★★★★★ "I highly recommend this clinic" – Natasha

★★★★★ "Couldn't be happier with my experience this morning" – Megan



Advocacy

Our advocacy delivers real change. We champion universal access to sexual and reproductive health and work tirelessly with sector partners to present a united front. We provide ongoing expert advice to Australian Senate Inquiries and the Victorian Government to help shape evidence-based policy, to improve health outcomes and ensure increased sexual and reproductive health services are accessible and inclusive for all.



Our CEO Caroline Mulcahy speaking at a press conference announcement.

Advancing health through research

We conduct research both independently and in partnership with universities, clinical institutes, and community organisations. Our work evaluates programs, explores innovative approaches, identifies gaps in care, and provides evidence-based guidance that informs practice, policy, and education.



SHV Research Team

Health promotion

We invest resources to increase sexual health literacy, reduce the risk of STI transmission, increase STI testing and treatment, promote barrier methods, raise awareness of self-collect cervical screening, support menstrual pain management, debunk sexual health myths, and challenge any stigma or taboos surrounding sexual and reproductive health.



Campaigns and initiatives



Social Media



Period pain stopping you in your tracks?

Soaking through a pad or tampon in under 2 hours?

Period clots bigger than a grape?

Now it's time to speak up!

Make an appointment with SHV or your GP today.

Don't take it lying down.
PERIOD.

Self-collect cervical screening tests now available

Sexual Health Victoria

Sample collection is as easy as

- 1 Insert
- 2 Rotate
- 3 Remove

Collect your own vaginal swab as part of your routine screening to help prevent cervical cancer.

Book a telehealth or in-person appointment to discuss your options.

shvic.org.au

SEGGS UNCENSORED

Oh Yeah!

SPICY content inside

SEGGS UNCENSORED VOL. II

Hello

SPICY content inside



Let us catch your STI...

before your next partner does!

Sexual Health Victoria Care Education Advocacy

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Ghosting STIs won't work. They can't take the hint!

Get tested. Get treated. There's nothing scary about sexual health screening.

Sexual Health Victoria

shvic.org.au

Time to pull out a better contraception plan.

Up to 1 in 5 fall pregnant using the withdrawal method

Sexual Health Victoria

shvic.org.au

Put up barriers to STIs, NOT pleasure!

Use a condom.

Sexual Health Victoria Care Education Advocacy

shvic.org.au

A condom a day keeps us away!

Get a load of this!

An SHV Semen Health Handbook

National Pickle Day

Don't get your penis hygiene in a pickle

Happy National Condom Day!

Say 'I do' to STI prevention & contraception

There are some swimming races you might not want to win.

Wear a condom.

Symptoms of Polycystic Ovary Syndrome (PCOS)

Social media reach

Social followers **64K**

Video content **2M** views per year



shvic.org.au

Freecall 1800 013 952

 facebook.com/sexhealthvictoria

 linkedin.com/company/sexual-health-victoria

 instagram.com/sexualhealthvictoria

 tiktok.com/@shvic.org.au